

# FAQ

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What do I need to bring for the spa?

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Spa access is weather dependant as its open air. Bring flip flops/deck shoes to walk from house to spa, towels, robes etc.

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Directions to Venue

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Chetham Farm Retreat is in Chapletown Village, High Street, Turton BL7 0EZ. There is no public transport but conside car share. Parking on site

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Terrain

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The retreat venue is set on a farm with uneven ground, stone paths and steps. You must have fair mobility to access all areas of this venue.

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Is there Wifi at the venue?

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Yes we do have mobile phone( can be poor) signal and wifi at the venue. Password greentree1

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Medical Contraindiacations.

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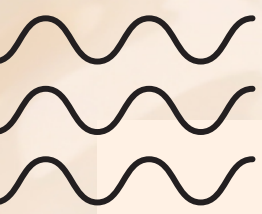
Hot Tub and swim spa are set to 38 degrees please read spa regulation document.

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Food Allergies

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Food is prepared on the premises which is not an allergen free environment. Allergies must be stated at time of booking



## Time To Shine Retreat Days



### Swim spa regulations 2025

Updated Jan 2025:

Use of the swim spa and jacuzzi is at clients own risk

You should not use the swim spa/jacuzzi if you have

1: Heart Condition - Consult GP

2: High or Low Blood Pressure - Consult GP

3: Any medical condition which may affect your reaction to heat - Consult GP.

4: Have any skin conditions or open wound/sores

5: Have had a heavy meal 1.5h before

6; Under the influence of Alcohol

7: Have recently done vigorous exercise which has raised the body temperature

8: Children under the age of 4

9: No Food or Glass to be consumed/ used when in the spa. Plastic glasses provided.

10: No access to the Spa after 9pm exit spa by 10pm due to clean cycle.

11: Spa to be opened and closed by the retreat owners, any damage to the spa or cover will be paid for by the client if it occurs during your stay.

12: No tanning products, body oils or makeup to be worn whilst in the spa  
- additional cleaning charge of £250 will be incurred if this rule is not followed leading to water and filter quality issues and the need to empty and refill the spa.

Caution should be exercise if you are elderly, pregnant or diabetic

All Children under the age of 16 must always be supervised by an adult.

Yours sincerely,  
Mandy & Steven Worsley

